

Diversity Statement

CSTC is committed to recognizing and serving the needs of a culturally diverse population, including ethnic and sexual minorities and persons with disabilities.



Quality Care and Services

CSTC is committed to providing quality care and services. We continually monitor our practices and look for opportunities to improve. Any individual who wishes to provide feedback or concerns may contact Kristin Steinmetz, Quality Management at CSTC (253)761-3353.

An individual may also contact the Joint Commission on Accreditation of Healthcare Organizations if you have a comment or complaint about the quality of care at Child Study & Treatment Center.

Joint Commission on Accreditation of Healthcare Organizations

Office of Quality Monitoring
One Renaissance Boulevard
Oakbrook Terrace, IL 60181
Phone: (800)994-6610

Updated 1-2009



Child Study and Treatment Center
8805 Steilacoom Blvd. SW
Lakewood, WA 98498-4771
(253) 756-2504

Making a Difference in the Lives of Children

Child Study and Treatment Center

Mission Statement

Working with children, families and communities to promote effective treatment, healing and growth in a safe and nurturing environment.

Child Study and Treatment Center (CSTC) is the only state operated psychiatric hospital for children and adolescents in Washington state and is accredited by The Joint Commission. CSTC is designed and staffed to provide inpatient psychiatric treatment to children from 6-17 years of age who cannot be served safely in less restrictive settings within the community.

HOSPITAL PROGRAMS

The hospital can serve 16 children, ages 6-12 years old, and 31 adolescents, ages 12-17 years old. Patients have individual bedrooms in one of 3 cottages, divided by age. A treatment team is identified for each child and his/ her family. Parents or guardians of the child are asked to participate in the care and services provided. In addition, the treatment team encourages participation from the family's natural supports and community partners to assist the child in developing the skills and support system needed for a child's recovery.

PSYCHIATRIC AND CLINICAL SERVICES

CSTC contracts with the UW Department of Psychiatry for our Medical Director and an attending Psychiatrist on each cottage. Each patient is under the care of a physician who provides psychiatric services and supervises the treatment plan. Clinical services also include: medication monitoring, nursing services, 24-hour behavior management by Psychiatric Child Care Counselors and Licensed Nurses, behavioral programming, and a full range of psychotherapeutic services, which are provided by the clinical staff (Psychiatry, Psychology, and Social Work) and various trainees (Residents and Interns). Recreational Therapists also provide recreational therapy services regularly for all patients. A full-time Chemical Dependency Professional provides treatment and assessment services for our patients.

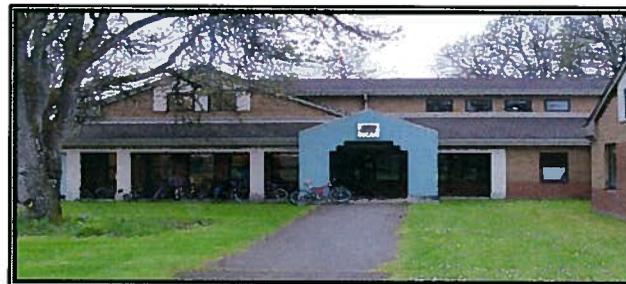
MEDICAL SERVICES

Some medical needs of patients are met by the physicians and nurses at CSTC. Some needs are met through contracted services with Western State Hospital or community physicians and hospitals. Laboratory, dental, radiology and pharmacy are examples of the contracted services with Western State Hospital.

EDUCATIONAL SERVICES

Children and adolescents admitted to the hospital are enrolled as students in the Clover Park School District. The District provides certified teaching staff as well as classified staff for classroom support. There is one administrator for the elementary and secondary schools.

The school program uses the 12 Principles of Re-Education as the core value and philosophy when working with the students. The academic program consists of classes with a focus on reading, math, written language, and pro-social skills. Individual and/or specially designed instruction is used for all students. The school program is offered year round.



REFERRALS FOR INPATIENT SERVICES

Most children come to CSTC through the Children's Long-term Inpatient Committee (CLIP) following approval by the Regional Support Network (RSN) serving the county in which the legal guardian resides. CSTC cannot accept direct referrals from families or communities.

For additional information on referrals contact the CLIP Administration at (206) 298-9654.
www.clipadministration.org

CRITERIA OF ADMISSION INCLUDES

1. Severe disturbances of cognition: confused, illogical thinking, impaired judgment.
2. Severe disturbances of mood/affect: depressive conditions, bipolar and anxiety states.
3. Dangerous behavior to self or others.

Children with developmental disabilities may also be considered for admission provided that they have a psychiatric diagnosis and meet the above criteria.

Conditions usually excluded are: chronic antisocial/delinquent behavior, problems primarily associated with substance abuse/dependency, autism, significant mental retardation, and medical conditions needing specialized support.

FORENSIC SERVICES

Upon order of juvenile courts statewide, the CSTC Forensic Services conducts evaluations of competency to stand trial, mental state at the time of the offense, and/or risk for future dangerousness. These narrowly focused forensic mental health evaluations are typically conducted as outpatient evaluations. Youth found incompetent to stand trial may be court ordered inpatient at CSTC for restoration services. See Revised Code of Washington Chapter 10.77 for more detailed information.